

DECEMBER NEWSLETTER

President: The Mayor of
Hammersmith & Fulham



December 1st 2023

Art Exhibition - prints, cards and calendars for sale!

We are excited to invite you to Fulham Good Neighbours' Christmas Art Exhibition at Rosaline Hall (70 Rosaline Rd, SW6 7QT) on Friday the 8th of December from 12.00 pm (to 5.00 pm).

All artwork is created by our Art group members, which you can enjoy with free entry, mulled wine and a mince pie. Prints are for sale on the day, alongside inaugural FGN Christmas cards (£3 for 12 or 30p each) and our 2024 Calendar (£5 each). Proceeds from the day will directly fund our community projects.



Fulham Palace - tonight, December 1st

Art group members will also be hosting a stall at Fulham Palace tonight. £10 entry includes a glass of prosecco, carols by the Tooting Broads, access to 70 stalls and the chance to purchase Palace-made wreaths fresh from the Palace gardens. You can find more information here: fulhampalace.org/whats-on/events/christmas-fair-preview-2/.

Social Clubs

Mon - Digital Support
11:00am; Exercise
2:00pm; Gardening
service

Tues - Art Club
11:00am; Choir 2:00pm
Gardening service; Silver
Lunch Club (monthly at
Lillie Langtry, Kennedys
& the Rylston)

Wed - Lunch Club
1:00pm; Online Art Club
3:00pm; Gardening
service; Decorating &
DIY service

Thurs - Reading Club
11:00am; Exercise
2:00pm and 3:00pm;
Decorating & DIY service

Fri - Craft Club 11:00am;
Decorating & DIY service

Sun - Afternoon Tea on
17th of December **TBC**

Welcome Roopa and Jonathan!

Huge thanks to Roopa and Jonathan for picking up the reins of Art and Exercise classes respectively. Jonathan (pictured) is well known to us, as a tremendous supporter, having started the Rylston Lunch and gifting Sunday Tea catering to us. He has also raised funds for FGN with endurance cycles, and funded our Coronation celebrations earlier this year via Fulham BID. Cont...



As well as a pub landlord, Jonathan is a personal trainer with experience delivering sessions in gyms and online. He will send out the link to the online class on Monday, and see those that attend at the centre at the normal time.

Roopa started with the art class this week, and has a lot of exciting ideas for 2024 and beyond. She owns a design business, and has delivered community arts projects far and wide.



Join Action on Disability

in celebrating Disability History Month and International Day of Disabled People! at Novotel London West, 1 Shortlands, W6 on Monday 4th December 2023 from 4pm - 7pm. British Sign Language (BSL) interpreter / live caption provided. For more information please email: info@aod.org.uk or call 0207 385 2098.

Annual General Meeting 2023

Fulham Good Neighbours' AGM saw 60+ neighbours enjoy presentations from Mayor Patricia Quigley, Councillor Ben Coleman, and Hope Carpenter of H&F Climate Change team.

Robert Fryer and Jamie Hilton, FGN Chair and Director, updated on the Neighbours' recent achievements, including an LBHF Civic Award, International SALUS Award and Downing Street Charity Champions invite.

638 Neighbours were supported by 210 local volunteers in homes, gardens, the community, our community centre, and online.

Hana Ruzickova and Tom Cook spoke inspiringly of their volunteering on the Befriending and Social Clubs' projects, followed by Grace Fabean presenting Volunteer Awards. The FGN film premiered created by Media Trust and Callum Lloyd-James.

Off the back of the AGM we hope to raise funds for transport and a driver to take housebound neighbours direct from their home to the community centre to access our Social Clubs, which run six days a week. If you can help, please get in touch today.



Volunteer Corner

Please see our **Handbook** [here](#) & our **Safeguarding** policy [here](#). Please contact us with any queries & ensure to expense your costs so that you are not out of pocket. If you are **concerned for a beneficiary**, please call 07907 990 841 or 020 7385 8850. If you are concerned, out of hours, please contact LBHF Adult Social Care on 020 8753 4198 – Option 3. They can arrange a welfare check if required. **In an emergency, please call 999.**



Cost of Living support

We are pleased to announce our successful bid to the Cost of Living Fund delivered by The National Lottery Community Fund.

On **Wednesday 6th December from 2:00 pm, LBHF will present on their Winter Ready Homes Grants.** If you need support with insulating your home, please be in touch.

Silver Clubs at Kennedy's and Lillie Langtry have had to increase their prices. For that reason, FGN has agreed to subsidise the Clubs, so that this does not affect our Neighbours. While Rylston have not increased prices, they will deliver their Silver Club from St Peter's Church in the new year. FGN will subsidise the Club so that Neighbours only pay £5 - the same great food, and service but half the price.



Funded by
UK Government

Delivered by
THE NATIONAL LOTTERY
COMMUNITY FUND

Public Space Protection

The London Borough of Hammersmith & Fulham consultation for a street harassment public spaces protection order (PSPO) is now live.

PSPOs are used to help keep public spaces safe and free from anti-social behaviour. This PSPO would help H&F's Law Enforcement Team (LET) and other authorised council staff issue warnings and Fixed Penalty Notices when witnessing any form of harassment in the public realm.

The PSPO would cover unwanted whistling, leering, sexist, homophobic or transphobic slurs, persistent request for someone's names, number or destination after they have said no, sexual names, comments and demands.

Kindly take the time to fill out the survey [here](#).



H&F Christmas Day Lunch 2023

H&F council will be hosting up to 500 older people this Christmas. The event will take place on Monday the 25th of December from 11.30am to 2.30pm with lunch served at 12:00noon at the Novotel West Hotel, Hammersmith.
(Transportation covered)

Apply online [here](#), or call 020 8753 2135. Drop-by at our Digital Support Club on Monday 11:00am-13:00pm to sign up for the Christmas Lunch Online. Our staff and volunteers will support!

Contact us

☎ 020 7385 8850

✉ info@fulhamgoodneighbours.org

🌐 www.fulhamgoodneighbours.org

📍 70 Rosaline Rd, London, SW6 7QT

Social Media

🐦 [fulgdneighbours](#)

📷 [fulhamgoodneighbours](#)

📘 [Fulham Good Neighbours](#)

📞 [Fulham Good Neighbours Service](#)



Supporters Scheme Form by Standing Order

Please return this completed form to:
Fulham Good Neighbours
Rosaline Hall, 70 Rosaline Road, London,
SW6 7QT



Registered Charity Number 1113752

Your details

Title	First Name	Surname
Address		
		Postcode
Telephone number	Email	

Your gift

Standing Order mandate

To the Manager

Name of your bank	<i>Bank / Building Society</i>
Address of your bank	
	Postcode
Account No	Sort Code
Account name	

I would like to set up a standing order for £

To be paid starting with the first payment on / /

and thereafter until further notice. Please quote reference: SUPPORTERS SCHEME

Please pay the above amount to: Co Operative Bank PLC, Business Direct, PO Box 250, Skelmersdale, WN8 6WT

Account No: 67309922 Sort Code: 08-92-99

Signature	Date
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Gift Aid Declaration

Gift Aid is tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

☐ I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.

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Thank you Fulham Good Neighbours does not share your details with any third parties